

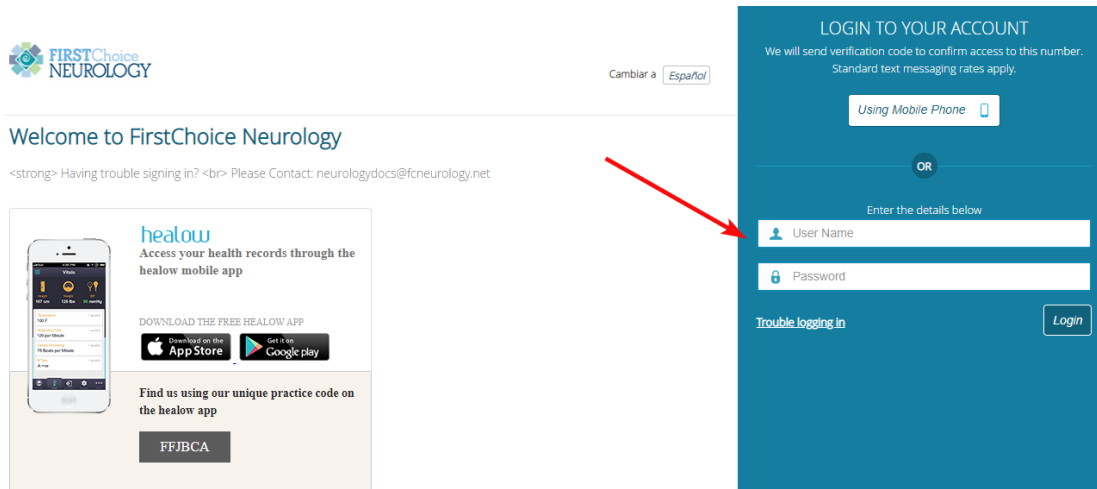
# USING THE PATIENT PORTAL on your Computer for Telehealth Visits

## BEFORE YOU START

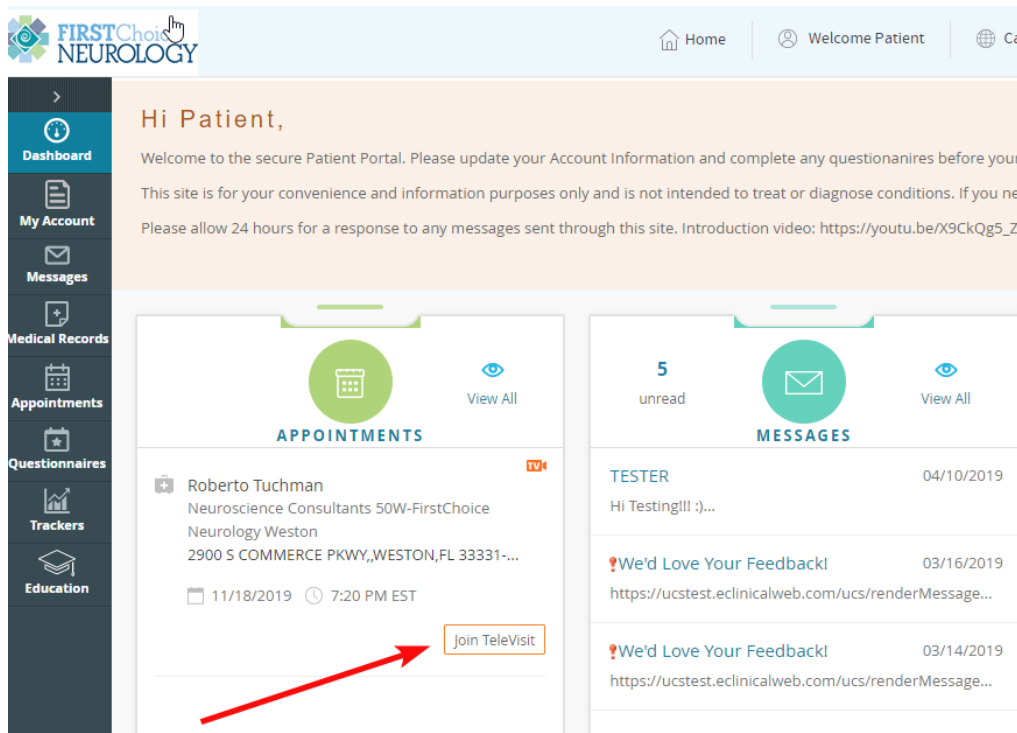
1. Make sure you have a webcam for your telehealth visit.
2. Make sure you have an internet connection

## Log into the patient portal

1. Enter your username and password for the patient portal

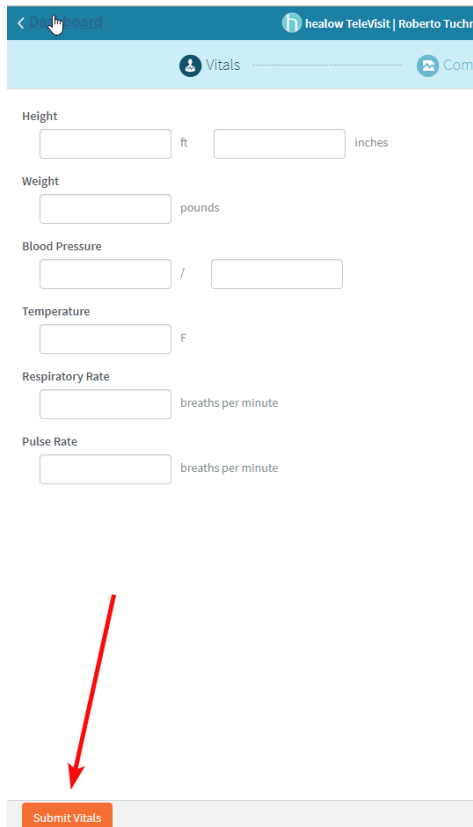


2. On the home page/dashboard click on "Join Televisit"



## STARTING THE VISIT

3. You will next see a form to enter vitals. **\*\*You do not have to fill these out just click “submit vitals.”**



The screenshot shows the Healow TeleVisit interface. At the top, there is a navigation bar with a back arrow, a home icon, and the text "healow TeleVisit | Roberto Tuch". Below this is a header with a "Vitals" tab and a "Com" tab. The main content area contains a form with the following fields:

- Height: Two input boxes labeled "ft" and "inches".
- Weight: One input box labeled "pounds".
- Blood Pressure: Two input boxes separated by a slash "/".
- Temperature: One input box labeled "F".
- Respiratory Rate: One input box labeled "breaths per minute".
- Pulse Rate: One input box labeled "breaths per minute".

At the bottom of the form is a "Submit Vitals" button. A red arrow points to this button.

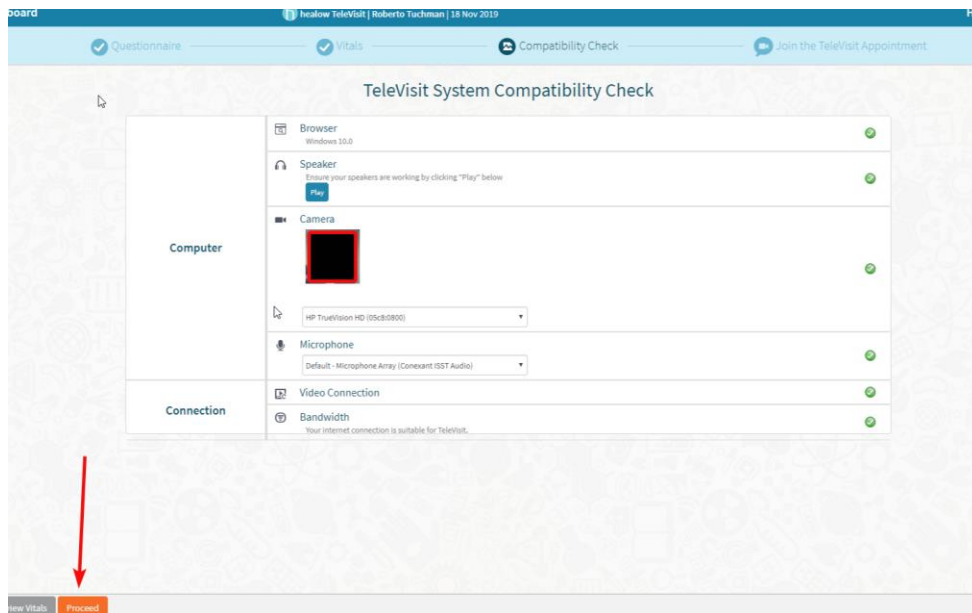
4. Once you have clicked submit, click “start televisit”.



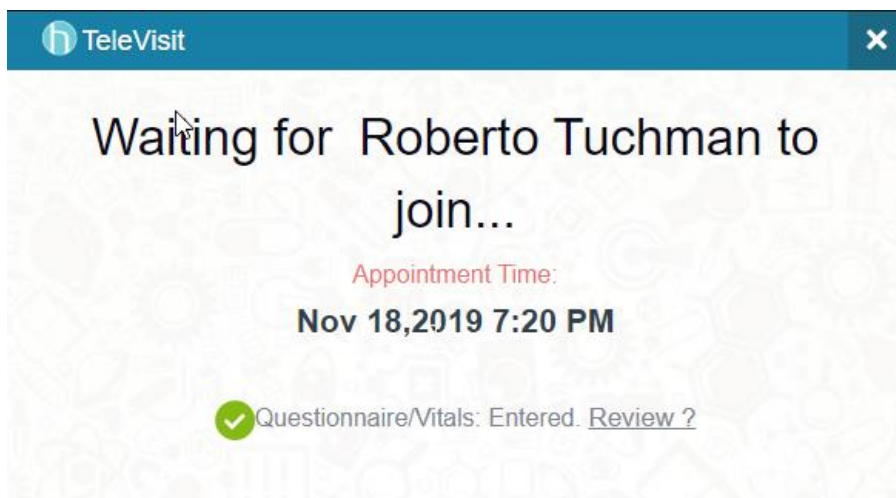
The Vitals have been submitted successfully

[Start TeleVisit](#)

5. The patient portal will now run a system compatibility check. You may receive a popup to allow camera access. In order to join the televisit, you must click “allow.” Once its completed, you may click proceed in the bottom left of the browser.



6. If the doctor has already joined the televisit you will now proceed into the video chat. If the doctor is not yet connected you will see "Waiting for the doctor to join." Once the doctor joins you will be joined in the video chat.



Please email [neurologydocs@fcneurology.net](mailto:neurologydocs@fcneurology.net) if you have any issues with telehealth.

**Thank you for participating in First Choice Telehealth!**